

Nitrogen Fixing Plants for New Zealand Food Forest Gardens

Nitrogen fixing trees

Acacia
Alder
Autumn olive
Bayberry
Black Locust
California mountain mahogany
Cape Broom
Carob
Cherry silverberry
Chinese Yellow Wood
Chinese licorice
Evergreen laburnum
Golden chain tree
Inga tree (tropical)
Japanese Pagoda
Kakabeak
Kentucky Coffee Bean
Kowhai
Laburnum trees
Locust tree
Mesquite trees
New Jersey Tea
Persian silk tree
Purple Coral Pea Shrub
Redbud/judas tree
Russian Olive
Seaberry
Siberian Pea Shrub
Silverberry (*Elaeagnus x ebbingei*)
Silverthorn/thorny olive
Silver wattle
Tagasaste
Tamarind (tropical)

Nitrogen fixing cover crops / green manures

Alfalfa (perennial)
Asparagus pea
Bean, Fava/Bell

Beans
Clovers
Cowpea
Lespedeza, Annual
Lespedeza, Serciea (perennial)
Medics
Pea, Field
Pea, Winter
Peanut, Perennial (perennial)
Soybeans
Sun Hemp
Vetch

Nitrogen fixing flowers

Bladder Senna
Californian lilac
Chinese wisteria
Dyers greenweed
Earthnut pea
Glandular senna
Indigo (all Indigofera genus)
Lupins
Purple Coral Pea Shrub
Spring pea
Tree lupin
Wisteria, American
Wisteria, Japanese
Wisteria, Kentucky

Nitrogen fixing edible food plants / vegetables

Ahipa
Beans, Bush
Beans, Garbanzo
Beans, All Others (black, anasazi, lima, kidney, etc.)
Beans, Snap
Beans, String
Breadroot (Prairie Turnip)
Chickpea
Jicama
Lentils
Peanut (Groundnut)
Peas, Green
Peas, Snap

Peas, Snow

Peas, Sweet

Nitrogen fixing herbs

Honeybush

Licorice, American

Licorice, European

Rooibos

Nitrogen fixing vines

Bean, Scarlet Runner

Bean, Wild Groundnut

Groundnut, Fortune's

Groundnut, Price's

Hog Peanut

Kudzu (Japanese arrowroot)

Pea, Beach

Pea, Butterfly

Pea, Earth-Nut

Peas, Vining Garden Peas

Vetch, American

Vetch, Bitter

Vetch, Tufted

Vetch, Wood

Wisteria, American

Wisteria, Japanese