

A food forest garden is made up of 7 layers of plants. Some plants swap from one layer to the other as they have multiple uses, or they come in different varieties and sizes.

This is a large list of suggested plants that fit within the different layers of the food forest.

Tall trees

Alder *Alnus*

American Persimmon *Diospyros virginiana*

Apple *Malus sylvestris*

Arazole / Mediterranean Medlar *Crataegus azarolus*

Bay Tree *Laurus nobilis*

Black locust *Robinia pseudoacacia*

Black Mulberry *Morus nigra*

Carob *Ceratonia siliqua*

Cherry *Prunus avium*

Chestnut *Castanea dentata*

Chinese Chestnut *Castanea mollissima*

European Plum (Myrobalan) *Prunus domestica*

Hawthorn *Crataegus* spp.

Hazel *Corylus*

Highbush cranberries *Viburnum trilobum*

Honey locusts *Gleditsia triacanthos*

Japanese Walnut (Heartnut) *Juglans ailantifolia*

Korean Stone Pine *Pinus koraiensis*

Northern Pecan *Carya illinoensis*

Pear *Pyrus communis*

Siberian Pea Tree *Caragana arborescens*

Stone pine *Pinus pinea*

Tagasaste/ tree Lucerne *Cytisus proliferus*

Walnut *Juglans*

Medlar *Mespilus germanica*

Mulberry *Morus* spp.

Quince *Cydonia oblonga*

Smaller Trees

Almond dwarf *Prunus dulcis*
Apple Dwarf *Malus domestica*
Apricot *Prunus armeniaca*
Australian Round Lime *Citrus australis* (in warmer areas)
Beech *Fagus sylvatica*
Blue Sausage Tree *Decaisnea fargesii*
Cherry Dwarf *Prunus avium*
Citrus Dwarf *Citrus* spp.
Crab Apple *Malus* sp.
Date-plum *Diospyros lotus*
Dogwood *Cornus*
Elderberry *Sambucus nigra*
Nectarine *Prunus persica* v. *nectarina*
Olive *Olea europaea*
Pawpaw, Papaya *Carica papaya*
Peach Dwarf *Prunus persica*
Pear Dwarf *Pyrus communis*
Persimmon Dwarf *Diospyros* spp.
Plum Dwarf *Prunus domestica*
Service Tree *Sorbus domestica*
Tamarillo, Tree Tomato *Cyphomandra betacea*
Tree mugwort *Artemisia arborescens*
Bamboo 'Gracilis' *Bambusa textilis* 'Gracilis'
Serviceberry *Amelanchier* spp.
Strawberry Tree *Arbutus unedo*
Acacia/Wattles *Acacia* spp.

Shrubs

Acacia/Wattle *Acacia* spp.
Aronia Berry *Aronia melanocarpa*

Austral Indigo *Indigofera australis*
Basket Willow Purple *Salix purpurea*
Blackberry *Rubus fruticosus*
Blueberry *Vaccinium* spp.
Cape Gooseberry *Physalis peruviana*
Chinese Quince *Pseudocydonia sinensis*
Cornelian Cherry *Cornus mas*
New Zealand Cranberry (Chilean Guava) *Myrtus ugni/Ugni molinae*
Currants *Ribes* spp
Curry Plant *Helichrysum italicum*
Edible Savlias *Salvia* spp.
Feijoa *Acca sellowiana*
Garden Huckleberry *Solanum melanocesarum* syn *S. x burbankii*
Globe artichoke *Cynara cardunculus* var. *scolymus*
Goji berries *Lycium barbarum*
Gooseberry *Ribes Uva-crispa*
Guavas *Myrtus* spp.
Koromiko *Hebe stricta*
Horopito *Pseudowintera colorata*
Houhere/lacebark *Hoheria populnea*
Japanese Quince *Chaenomeles japonica*
Jerusalem artichokes *Helianthus tuberosus*
Jostaberry *Ribes x culverwellii*
Kawakawa *Piper excelsum*
Kotukutuku/Tree fuchsia *Fuchsia excorticata*
Kowhai *Sophora microphylla*
Lavender *lavandula angustifolia*
Lemon Verbena *Aloysia triphylla*
Lupine [Lupinus](#)
Makomako/wineberry *Aristotelia serrata*
Manuka *Leptospermum scoparium*

Mountain Marigold *Tagetes lemmonii*
Nodding Saltbush *Einadia wutans*
Perennial Basil *Ocimum gratissimum*
Perennial Chilli, Rocoto Chilli *Capsicum pubescens*
Purple Chokeberry *Aronia prunifolia*
Raspberry *Rubus* spp.
River Mint *Mentha australis*
Rose *Rosa*
Rosemary *Rosmarinus officinalis*
Scented Geraniums *Pelargonium graveolens*
Sea buckthorn *Hippophae rhamnoides*
Silver Berry *Elaeagnus x ebbingeii*
Southernwood *Artemisia abrotanum*
Tomatillo *Physalis philadelphica*
Wormwood *Artemisia absinthium*
Worcesterberry *Ribes divaricatum*

Herbs

Asparagus *Asparagus officinalis*
Balm Melissa *officinalis*
Borage *Borago officinalis*
Broad bean *Vicia faba*
Buckwheat *Fagopyrum esculentum*
Calendula *Calendula officinalis*
Comfrey, Knitbone *Symphytum officinale*
Day lilly *Hemerocallis*
Dill *Anethum graveolens*
Egyptian walking onions *Allium × proliferum*
Fennel *Foeniculum vulgare*
French Sorrel *Rumex scutatus*
Garden Mint *Mentha sachalinensis*

Garlic Chives *Allium tuberosum*
Globe Artichoke *Cynara scolymus*
Hyssop *Cynara cardunculus*
Lemongrass *Cymbopogon* spp
Lovage *Levisticum officinale*
Marigold *Tagetes*
Mint *Mentha* spp.
Nettle *Urtica dioica*
Oregano *Origanum vulgare*
Parsley *Petroselinum* spp.
Pepino, Pepino Dulce, Melon Pear *Solanum muricatum*
Perpetual/Perennial Spinach *Beta vulgaris* var. *cicla*
Phacelia *Phacelia Tanacetifolia*
Rhubarb *Rheum rhabarbarum*
Sorrel *Rumex acetosa*
Stevia *Stevia rebaudiana*
Tansy *Tanacetum vulgare*
Yarrow *Achillea millefolium*

Ground Cover

Alpine Strawberries *Fragaria x vesca*
Asparagus *Asparagus officinalis*
Sweet Alyssum *Lobularia maritima*
Basil Thyme *Acinos arvensi*
Black Cumin *Nigella Sativa*
Clover *Trifolium*
Coral Pea *Hardenbergia violacea*
Corsican Mint *Mentha requienii*
Cranberry *Vaccinium Oxycoccus* spp.
Creeping Oregon Grape *Mahonia aquifolium*
Creeping Snowberry *Gaultheria hispidula*

Creeping Thyme *Thymus serpyllum*
Fat hen *Chenopodium album*
Ground Elder *Aegopodium podagraria*
Horseradish *Armoracia rusticana*
Kamchatka Bilberry *Vaccinium praestans*
Lingonberries *Vaccinium vitis-idaea*
Lowbush Blueberries *Vaccinium angustifolium*
Marshmallow *Althaea officinalis*
Miner's Lettuce *Claytonia perfoliata*
Nasturtium *Tropaeolum majus*
Pigface *Carpobrotus modestus*
Prostrate Rosemary *Rosmarinus officinalis* 'Prostratus' or 'Huntington Carpet'
Rhubarb *Rheum rhabarbarum*
Roman Chamomile *Chamaemelum nobile*
Rosemary *Rosmarinus officinalis*
Sweet Violets *Viola odorata*
Vervain *Verbena officinalis*
Warrigal Greens *Tetragonia tetragonoides*
Wintergreen *Gaultheria procumbens*

Vines

Cantaloupe *Cucumis melo reticulatus*
Chokos *Sechium edule*
Climbing peas *Pisum sativum*
Coral Pea *Hardenbergia violacea*
Cucumbers *Cucumis sativus*
Grape -Sultana *Vitis vinifera*
Grapes *Vitis* spp
Honeydew Melon *Cucumis melo inodorus*
Honeysuckle (Blue-berried) *Lonicera caerulea*
Hops *Humulus lupulus*

Kiwi Berry / Hardy Kiwifruit *Actinidia arguta*
Kiwi fruit *Actinidia* spp
Malabar Spinach *Basella alba* 'Rubra'
Maypop *Passiflora incarnata*
Nasturtium (Climbing) *Tropaeolum majus*
Passionfruit *Passiflora edulis*
Perennial bean (scarlet runner bean) *Phaseolus coccineus*
Pumpkin *Cucurbita pepo*
Soybean *Glycine max*
Squash *Cucurbita*
Sweet Potato *Ipomoea batatas*
Watermelon *Citrullus lanatus*
Wild grape *Vitis vinifera* subsp. *sylvestris*
Zucchini *Cucurbita pepo*

Root Crops

Arrowroot *Maranta arundinacea*
Beetroot *Beta vulgaris*
Carrot *Daucus carota sativus*
Cassava (Tapioca) *Manihot esculenta*
Chicory *Cichorium intybus*
Chives *Allium schoenoprasum*
Daikon *Raphanus sativus* L.
Daylily *Hemerocallis fulva*
Echinacea *Echinacea angustifolia*
Garlic *Allium sativum*
Ginger *Zingiber officinale*
Ginseng *Panax* spp.
Groundnut *Apios americana*
Horseradish *Armoracia rusticana*
Jerusalem artichoke *Helianthus tuberosum*

Liquorice *Glycyrrhiza* spp.

Native ginger *Hornstedtia scottiana*

Oca, New Zealand Yam *Oxalis tuberosa*

Onion *Allium cepa*

Parsnip *Pastinaca sativa*

Potato *Solanum tuberosum*

Salsify *Tragopogon* spp.

Sweet Potato *Ipomoea batatas*

Tree/Egyptian Walking Onions *Allium cepa* var. *proliferum*

Welsh onion *Allium fistulosum*

Yacon *Smallanthus sonchifolius*

Yam Daisy *Microseris scapigera*